



Neurodiversity Celebration Week

17th - 23rd March

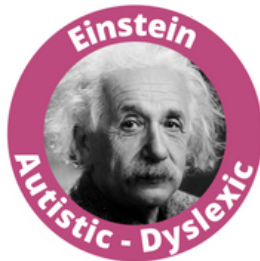
What is Neurodiversity Celebration Week?

A worldwide initiative to challenge stereotypes and misconceptions about neurological differences. It recognises the many skills and talents of neurodivergent individuals and aims to create inclusive cultures which empower every individual.



Some of the different neurotypes include:

- ADHD
- Autism
- Dyslexia
- Dyspraxia
- Dyscalculia
- Tourette's



Ways to celebrate Neurodiversity:

Read about famous neurodivergent people's talents and successes in the attached sheets or on www.neurodiversityweek.com

Celebrate your child's differences, talents and successes. You could praise them, write them a letter sharing what you admire about them, listen to their favourite song, watch their favourite film or enjoy their favourite food or activity together.

Raise awareness by sharing on social media and chatting with others about the strengths of different neurotypes. See www.neurodiversityweek.com for free social media cards, banners and virtual backgrounds.



If you would like further information about supporting neurodivergent children please contact Kate – FCC Education Specialist
 Phone: 07515 098172 Email: education@fccharity.org.uk



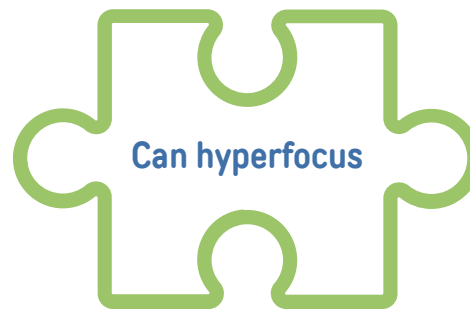
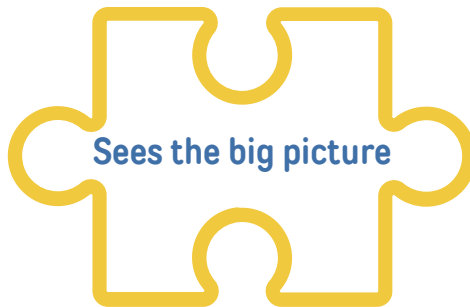
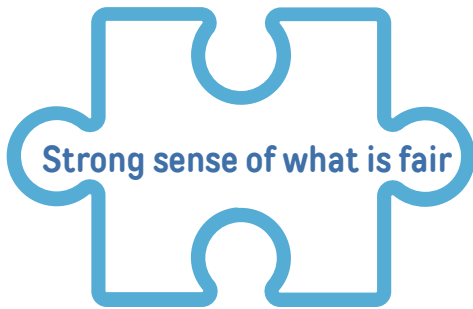
Celebrating ADHD

What is ADHD?

Around 4% of people have Attention Deficit Hyperactivity Disorder. Or, as David Piley (author of Captain Underpants) calls it: Attention Deficit Hyperactivity Delightfulness.

ADHD can affect a person's ability to focus, cause inattention, hyperactivity and impulsivity.

Some of the strengths of having ADHD can include:



**Did you know
Ryan Gosling
has ADHD?**



"I've learned it's important not to limit yourself. You can do whatever you really love to do, no matter what it is"

- Ryan Gosling, Actor

www.neurodiversityweek.com

**Did you know
Emma Watson
has ADHD?**



"I don't want other people to decide what I am. I want to decide that for myself"

- Emma Watson, Actor / Activist

www.neurodiversityweek.com

**Did you know
Justin Timberlake
has ADHD?**



"You cannot make a difference unless you're different"

- Justin Timberlake, Singer / Actor / Producer

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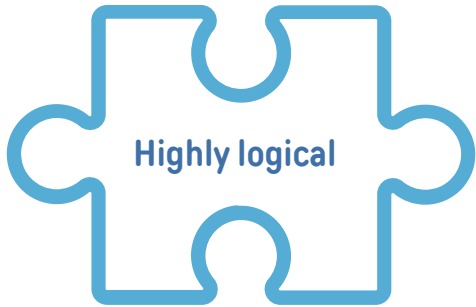
Celebrating Autism

What is Autism?

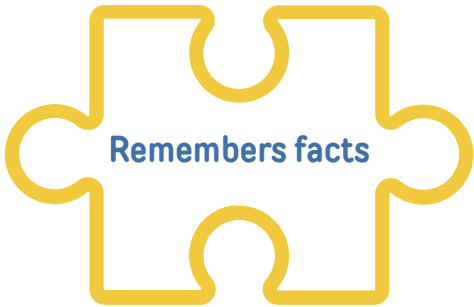
Around 2% of people are autistic.

Autism can affect how a person sees the world, interacts and socialises with others. Autistic people may be sensitive to lights, noise, touch and smells.

Some of the strengths of being autistic can include:



Highly logical



Remembers facts



Attention to detail



Honest & loyal



Recognises patterns



Unique solutions

Did you know Chris Packham is Autistic?



"Humanity has prospered off people with autistic traits. Without them, we wouldn't have put a man on the moon or be running software programs"

- Chris Packham, Naturalist / Presenter

www.neurodiversityweek.com

Did you know Dara McNulty is Autistic?



"I wish people would just realise that it takes all kinds of people to make a beautiful world"

- Dara MnAnulty, Naturalist / Author

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Did you know the creator of Pokemon is Autistic?



Satoshi Tajiri has attributed his creativity, passion, relentless focus and drive to being autistic

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Celebrating Dyslexia

What is Dyslexia?

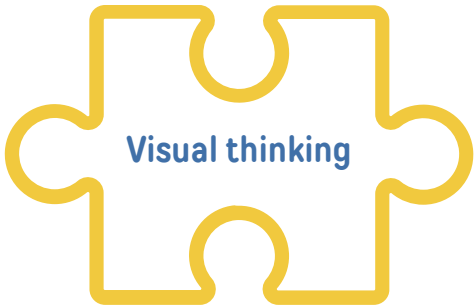
Around 10% of people are dyslexic.

Dyslexia is a language processing difficulty that can cause challenges with reading, writing, spelling, processing information, organisation, sequencing, spoken language and motor skills.

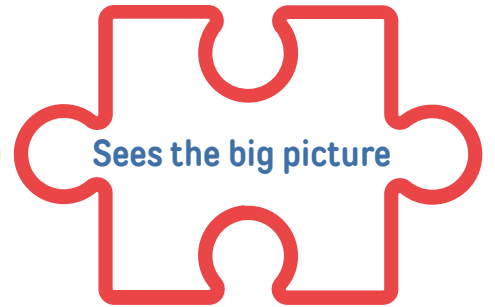
Some of the strengths of being dyslexic can include:



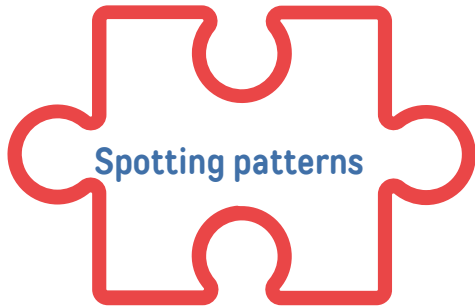
Storytelling



Visual thinking



Sees the big picture



Spotting patterns



Goal directed



Spatial thinking

Did you know
Walt Disney
was dyslexic?



"It's kind of fun to do
the impossible"

- Walt Disney, Founder of Disney

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Did you know
Maggie Aderin-Pocock
is dyslexic?



"My dyslexic thinking means I
don't just think outside the
box... I think outside the planet"

Maggie Aderin-Pocock, Space Scientist

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Did you know
Richard Branson
is dyslexic?



"Dyslexia is an
alternative way of
thinking"

- Richard Branson, Entrepreneur

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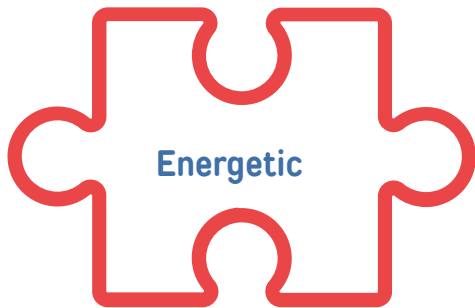
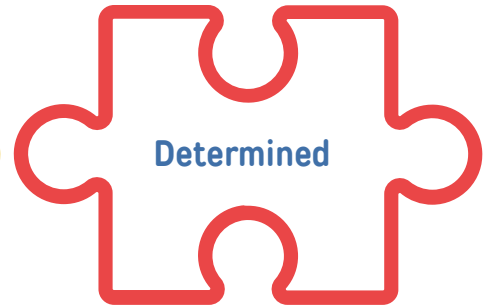
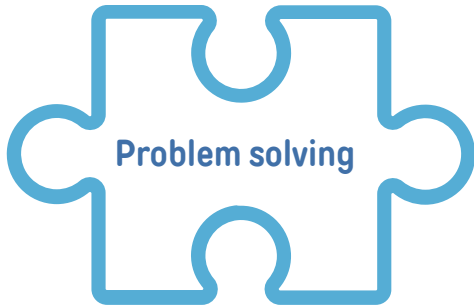
Celebrating Dyspraxia

What is Dyspraxia?

Around 6% of people are dyspraxic.

Dyspraxia can affect physical coordination, fine motor skills such as handwriting, and gross motor skills such as catching and kicking a ball.

Some of the strengths of being dyspraxic can include:



**Did you know
Cara Delevingne
is dyspraxic?**



**"Don't worry. Be happy.
Embrace your weirdness."**

Cara Delevingne, Actress / Model

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**Did you know
Daniel Radcliffe
is dyspraxic?**



**"It has never held me back.
Some of the smartest people
I know are people who have
learning disabilities"**

Daniel Radcliffe, Actor

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**Did you know
Florence Welch
is dyspraxic?**



**"Dyspraxia may create some
challenges. But they don't
stand in the way of my
success."**

Florence Welch, Singer / Songwriter

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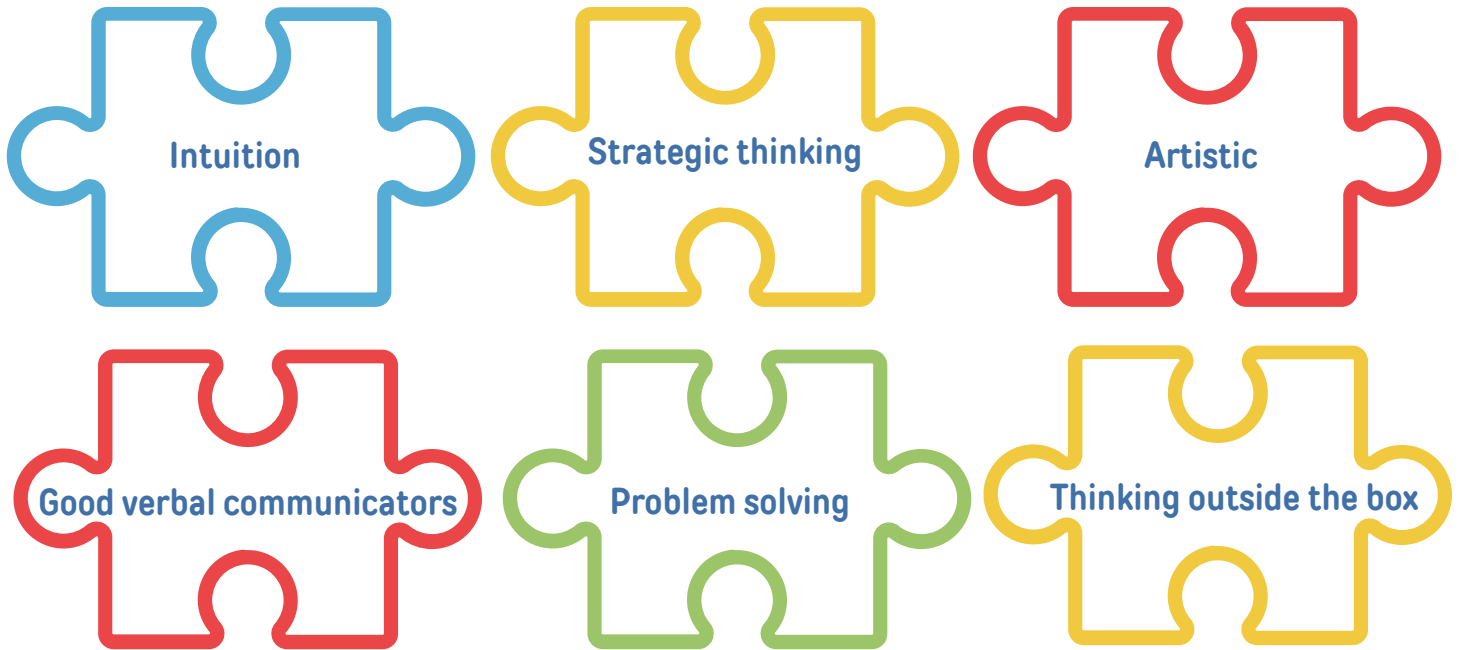
Celebrating Dyscalculia

What is Dyscalculia?

Around 5% of people have dyscalculia.

Dyscalculia can affect a person's ability to gain and use mathematical skills. It can cause difficulties in reading numbers, symbols or data as well as understanding finances.

Some of the strengths of having dyscalculia can include:



Famous people with dyscalculia:

Robbie Williams

Singer, Songwriter, Producer



Cher

Singer, Songwriter



Thomas Edison

Inventor of the electric bulb



Hans Christian Anderson

Writer, playwright, poet





Celebrating Tourette's

What is Tourette's?

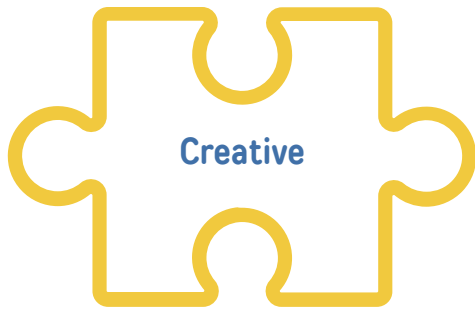
Around 1% of people have Tourette's.

Tourette's can cause sudden, repetitive muscle movements and sounds called "tics."

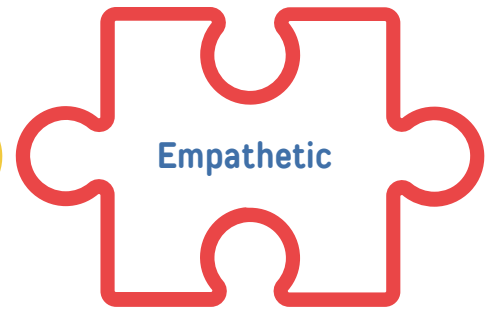
Some of the strengths of having Tourette's can include:



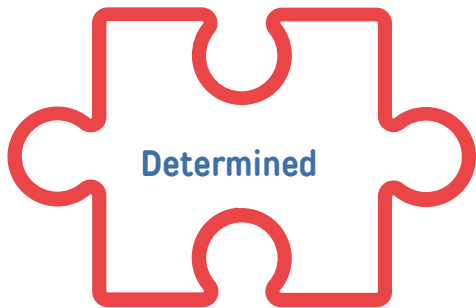
High-achieving



Creative



Empathetic



Determined



Resilient



High concentration levels

Did you know
Lewis Capaldi
has Tourette's?



Lewis Capaldi, Singer / Songwriter

www.neurodiversityweek.com

Did you know
Billie Eilish
has Tourette's?



Billie Eilish, Singer / Songwriter

www.neurodiversityweek.com

Did you know
Dan Aykroyd has
Tourette's?



Dan Aykroyd, Actor

www.neurodiversityweek.com

