



# Revision

## What is revision?

Revision is the process of reviewing and reinforcing the material you have learned over a period of time. It involves going over notes, textbooks, and other resources to ensure you understand and remember the content.

## What are the benefits of revision?

1. **Improves Memory:** Regular revision helps transfer information from short-term to long-term memory, making it easier to recall during exams.
2. **Identifies Gaps:** It allows you to spot areas where your understanding is weaker, so you can focus on improving those parts.
3. **Boosts Confidence:** Familiarity with the material reduces anxiety and boosts your confidence, as you feel more prepared for the exams.
4. **Enhances Understanding:** Revisiting topics multiple times helps deepen your understanding and allows you to make connections between different concepts.
5. **Practice Application:** Revision often involves practicing past papers and questions, which helps you apply your knowledge in exam conditions.
6. **Reduces Stress:** A well-planned revision schedule can reduce last-minute cramming and stress, leading to a more balanced and healthy approach to studying.

## When is the ideal time to start revising?

The ideal time to start revising for your GCSEs can vary depending on your personal study habits and schedule. However, a common recommendation is to begin focused revision around six months before the exams.

Starting to revise early allows you to:

- Cover all the content thoroughly.
- Identify and fill gaps in your knowledge.
- Use spaced repetition for better recall.
- Maintain a healthy balance between revision and other activities.



If you would like further help with revision please contact

Kate – FCC Education Specialist

Phone: 07515 098172 Email: [education@fccharity.org.uk](mailto:education@fccharity.org.uk)

