#### **EDUCATION SUPPORT & ADVICE**



## Revision timetables



A revision timetable is a structured plan that maps out a study schedule leading up to exams. It helps to organise time effectively, ensuring that all necessary topics and subjects are covered. It helps support good mental health by balancing studying with other activities.

#### How to Create a Revision Timetable:

- 1. List Subjects and Topics: Write down all the subjects and topics you need to revise.
- 2. Prioritise: Identify which topics need more attention based on your strengths and weaknesses. Your teachers can help with this.
- 3. Allocate Time: Decide how much time you need to spend on each subject and topic.
- 4. Set Specific Goals: Define what you want to achieve in each study session.
- 5. Create a Schedule: Use a calendar or planner to map out your study sessions, including breaks, eating, sleeping and leisure time.
- 6. Be Flexible: Allow some flexibility in your timetable to accommodate unexpected events or changes. You could add in spare time slots in case you need them.

#### What are the benefits of a revision timetable?

- 1. Improves Time Management: Helps you allocate your time efficiently, ensuring you cover all necessary material.
- 2. Reduces Stress: Provides a clear plan, reducing the anxiety of last-minute cramming.
- 3. Enhances Focus: Keeps you on track and focused on specific tasks during each study session.
- 4. Increases Productivity: Structured study sessions can lead to more productive and effective revision.
- 5. Tracks Progress: Allows you to monitor your progress and adjust your plan as needed.
- 6. Balances Study and Rest: Ensures you include breaks and leisure time, preventing





If you would like further help with revision please contact

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# Example revision timetables



### WEEKLY REVISION PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY
8:30AM -4PM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	9AM- 10AM	BREAKFAST/ SHOWER	BREAKFAST/ SHOWER
4PM- 5PM	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	TV/ 6AMING/ SOCIAL MEDIA		10 AM- 11 AM	REVISION - ENGLISH	REVISION - SCIENCE
5PM- 6PM	DINNER	DINNER	DINNER	DINNER	DINNER	11.AM- 1PM	SEEING FRIENDS/ LUNCH	SPORT/ LUNCH
6PM- 7PM	REVISION - GEOGRAPHY	HOMEWORK	REVISION - HISTORY	REVISION - FRENCH	REVISION - SCIENCE	1PM- 3PM	REVISION - MATHS	REVISION - FLASH CARDS
7PM- 8PM	REVISION - MATHS	REVISION - ENGLISH	FREE TIME	HOMEWORK	FREE TIME	3PM- 5PM	OUT WITH FAMILY	SPORT/ TV/ GAMING
8PM- 9PM	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	6PM- 8PM	DINNER/ FREE TIME	DINNER/ FREE TIME

Example term time schedule

Example holiday schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
9:00 - 9:50	Maths	English	History	Maths	English	History			
Break									
10:00 - 10:50	Maths	English	Geography	Maths	English	Geography	Time Off		
Break							1		
11:00 - 12:00	French	History	Religious Studies	Music	Geography	Religious Studies			
			Lur	nch					
1:00 - 1:50	Biology	Physics	Chemistry	Biology	Physics	Chemistry	Music		
Break									
2:00 - 2:50	Biology	Physics	Chemistry	English	Maths	Maths	Religious Studies		
Break									
3:00 - 3:50	English	Maths	English	Chemistry	Biology	Physics	French		
Break									
4:00 - 5:00	Geography	Music	Time Off	French	History	Time Off	Review and Plan fo Next Week		
	27		Din	ner					
Evening	Review the day, look ahead to the next day and talk to people. Go over some flashcards or tell someone what you have learned.								

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