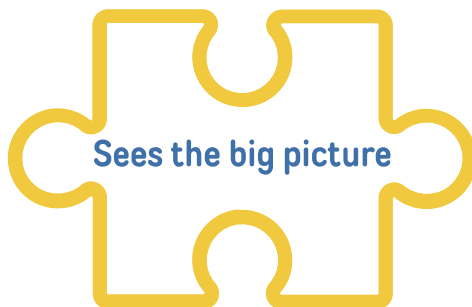
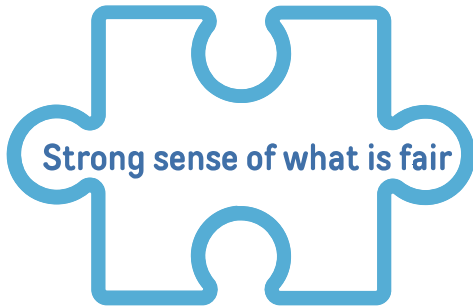


Celebrating ADHD

What is ADHD?

Around 4% of people have Attention Deficit Hyperactivity Disorder. Or, as David Piley (author of Captain Underpants) calls it: Attention Deficit Hyperactivity Delightfulness. ADHD can affect a person's ability to focus, cause inattention, hyperactivity and impulsivity.

Some of the strengths of having ADHD can include:



**Did you know
Ryan Gosling
has ADHD?**



"I've learned it's important not to limit yourself. You can do whatever you really love to do, no matter what it is"

- Ryan Gosling, Actor

www.neurodiversityweek.com

**Did you know
Emma Watson
has ADHD?**



"I don't want other people to decide what I am. I want to decide that for myself"

- Emma Watson, Actor / Activist

www.neurodiversityweek.com

**Did you know
Justin Timberlake
has ADHD?**



"You cannot make a difference unless you're different"

- Justin Timberlake, Singer / Actor / Producer

www.neurodiversityweek.com

